What We Eat (or Don't) and the Impact on the Environment

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Start here:

https://www.usda.gov/media/blog/2022/01/24/food-waste-and-its-links-greenhouse-gases-and-climate-change

EPA estimated that each year, U.S. food loss and waste embodies 170 million metric tons of carbon dioxide equivalent (million MTCO2e) GHG emissions (excluding landfill emissions) – equal to the annual CO2 emissions of 42 coal-fired power plants. This estimate does not include the significant methane emissions from food waste rotting in landfills. EPA data show that food waste is the single most common material landfilled and incinerated in the U.S., comprising 24 and 22 percent of landfilled and combusted municipal solid waste, respectively.